

Kashi School
of
Yoga



TREAT YOURSELF TO A NEW YEAR'S RETREAT AT KASHI



December 30-31, 2009

The coming of a new year is a time for reflection over the events of the past and a time for making plans and resolutions for the future.

What better way to spend this introspective time than at Kashi? There will be an opportunity to do Kali Natha Yoga with Ma Jaya as well as meditation, seva, yoga on the beach, volleyball and a games night! The retreat will culminate with a Fire Puja with Ma to bring in the new year.

Cost - \$275, or \$250 before December 9
For registration call 772-589-1403 x 112
Price includes New Year's Eve Fire Puja

Intensives with Ma Jaya in 2010

KNYTT Graduate
Intensive
Jan 23-24

Women's Intensive
March 12-14
Kashi, FL

Atlanta Intensive
April 16-18

Intensive at Kashi
July 15-17

Intensive at Kashi
October 22-24

Men's Intensive
December 3-5
Kashi, FL

New Year Retreat at Kashi
December 30-31

11155 Roseland Road, Sebastian, FL 32958
Call 772-589-1403. Visit kashi.org. Shop at mas-india.com