

CREATIVE KIDDOS YOGA/ART SUMMER CAMP!

Calm minds, healthy bodies, and happy hearts. Yoga is a wonderful way for kids to increase flexibility, strength, concentration, and happiness! Our camp creates the space for children to openly express their true selves through: breath + body awareness, playful yoga poses, animal noises, games, art, music, creative movement, dancing, relaxation, and meditation. Namaste + smiles!

Learn more and register today at www.CreativeYogini.com! Contact Annie

772-532-6171 with any questions

- Location: Kashi Ashram, 11155 Roseland Road, Sebastian, Florida 32958, www.kashi.org ()
- Dates: July 27-31
- Times: 9am-12pm
- Ages: 5-10
- Tuition: \$85 by June 1st (early birdy registration) and \$115 by July 20th

