

Elizabeth Mattis-Namgyel

Tibetan Buddhist Teacher

Friday February 19th, 7:30 pm

at the Unity Center of Vero Beach on:

"Finding our Sense of Adventure"

The talk is free and open to the public.
Unity of Vero Beach is located at
950 43rd Avenue.



Saturday February 20
9am - 4 pm

Elizabeth will be teaching, answering
questions and leading meditations on:

"Faith: Beyond Blind Acceptance & Doubt"

At Kashi Ashram: 11155 Roseland Rd. Sebastian, FL.
Charge \$35. Lunch is provided.
To register call (772) 589-4488

FOR INFORMATION CONTACT:
The Sebastian Counseling Center at 772-589-4488
or email sebastiancounsel@bellsouth.net

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