

**Kali Natha Yoga
Teacher Training 2010-2011 RYT 200 and RYT 500**



Kali Natha Yoga (KNY) is an ancient, mystical practice which infuses any yoga practice with an essence of truth, depth of devotion and passion of movement.

Through Kali Natha Yoga Teacher Training the student will:

- Acquire an in-depth understanding of the ancient teachings of Yoga
- Gain mastery of Asana, Pranayama, Mantra and Mudra
- Increase flexibility and vital energy, strengthen and tone
- Study with the Mastery of Kali Natha Yoga, Ma Jaya
- Recognize the rhythm of the self as it is connected to the universal flow
- Graduate with the ability to teach and serve your community



The music of the Soul awakens in the Kali Natha Yogi. The Yogi feels the unfolding of the body's beauty through Mother Shakti's motion. The Soul's music is the tranquility of knowing your place within yourself. You can wear the sounds and the notes on your being as you become who you are.

– Ma Jaya

Ma Jaya Sati Bhagavati

Location

Kashi Ashram
Mother Ashram
11155 Roseland Rd
Sebastian, FL 32958
800.226.1008 x109

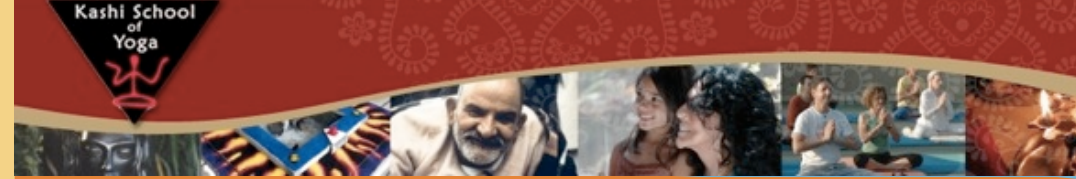
Location

Kashi Atlanta-
Urban Yoga Ashram
1641 McLendon Ave
Atlanta, GA 30307
404.687.3353

Become a Registered Yoga
Teacher offering both
200RYT and 500RYT at
Kashi School of Yoga

"Great teachers love to love, and love to share and teach."

-Ma Jaya, founder of Kali Natha Yoga



Kali Natha Yoga Teacher Training Programs 2011



Kali Natha Yoga.....

Flow in the Mystical Dance



“Kali Natha Yoga opens us to become self-aware as we begin to understand our deeper selves and life around us. As we concentrate on the Self we find that we are in touch with our hearts. The Breath is the key. It is the Yoga that will liberate you.”

– Ma Jaya

Location of Training 2010-2011

Type	Kashi FL Week ends	Kashi FL Residential	Kashi ATL
200 RYT KNY	6 weekends February-July	2 sessions June 10-19 November 11-20	
500 RYT KNY	9 weekend modules	kick-off session January 26-30	9 weekend modules



200-Hr RYT Training Program

Two Programs

- Program A: six weekends in 2011 Feb-July
- Program B: residential June 10-19 & November 11-20
- Fees: with lodging \$3,250
- Fees: without lodging \$2,150



500-Hr RYT Training Program

Nine Modules over two years

- Choose nine weekend modules offered in two locations!
- Fees: \$500 non-refundable per course

Rates set per module

Graduate Comments:

“Taking the KNYTT program was a deeply transformational experience. I was encouraged to meet myself where I was, and surrender. Surrounded by excellent teachers on the sacred grounds of Kashi Ashram, I felt totally supported as I practiced.”

–Ramani Betsy Vaught



CEU's Available

Use Advance CEU's toward Renewal

- CEU's for 200 RYT Renewal
- Work toward your 500 RYT Certification
- Open to any Yoga Alliance Registered 200 RYT Graduate

Contact:

Come to the sacred grounds of Kashi Ashram and experience this ancient mystical yoga. It is a life-transforming experience.

Shakti Durgaya 800.226.1008 x109
Director Kashi School of Yoga



Upon completion, the student is qualified to be a 200 hour or 500 hour RYT (Registered Yoga teacher) with Yoga Alliance.