
Center for Sacred Psychology

Integrating Science and Spirituality for the 21st Century

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THE WAY OF NATURE: RECONNECTION AND RENEWAL A WEEKEND WITH JOHN P. MILTON

March 24 – 26, 2017

Kashi Ashram

Once again, I am delighted to invite you to a weekend of reconnection and renewal with our friend John P. Milton on the pristine wilderness and sacred ground of Kashi Ashram, Sebastian Florida. This year I have asked John to emphasize the Taoist methods for emotional healing and coping with conflict, experientially using the Sensing Hands technique often known as Push Hands. John will teach first at Kashi Ashram, www.kashi.org, from March 24-26 and then sharing in Nassau, Bahamas at the Sivananda Ashram, <https://www.sivanandabahamas.org/course/the-way-of-nature-march-2017/>. The expanding international community of Way of Nature (WoN) that has evolved from John's teachings is an exciting adventure using the best of social media integrated with regular practice and trainings in pristine Nature throughout the world (www.sacredpassage.com).



Come for a weekend away from the distractions of busyness. Enjoy the grace and kindness of the community who will serve you at Kashi. Imagine that you could even immerse yourself in community life and not leave the grounds for the weekend, enjoying time on the Sebastian River, communal meals in the Laxman House dining room, perhaps sunrise yoga on the dock of the Ganga or a Fire Ceremony by the Baba Temple. Throughout the weekend being challenged, inspired, and delighted by the teachings and stories of one of our rare, living Sage/Activists.



John P. Milton is a pioneering ecologist, spiritual teacher, T'ai Chi, Qiqong, and meditation master, vision quest leader, and shaman. He teaches world-wide, and has authored numerous books, articles, and audiotapes. His T'ai Chi and Qiqong DVDs and last book, *Earth Below, Sky Above*, are available from Amazon.

Workshop Schedule: Training will be held at the Durga Temple, Kashi Ashram, 11155 Roseland Road, Sebastian, FL 32958
Office: (772) 589-1403

Friday, March 24, 2017: 6:30 – 8:00 (Kashi House)

Saturday, March 25, 2017: 9:00 Am – 4:00 PM

Sunday, March 26, 2017: 9:00 AM to 4:00 PM

Loose fitting clothing, journals, sunscreen and bug spray are recommended.

For more information about this workshop, please contact Dr. Doug Canterbury-Counts at sacredpsyc@aol.com or 772 532-5769. Limited housing on Kashi Ashram is available, highly recommended for the full experience of this amazing weekend. Meals with the Ashram community will be available from Friday dinner through Sunday lunch. All are welcome for kirtan and Satsang service Saturday evening at 6:30. Appropriate attire is requested (shoulders and legs covered).

Workshop Fees: In these days when many of us discuss income inequality, I once again struggle with how to charge a fair price to make this available to all while honoring a holy person. True to the shamanic tradition, John has never asked me for a fee for these weekend workshops, simply accepting what I've been able to raise. At age 78, I want our community to send him on his way with our financial blessing. Therefore, I leave it to you to decide what you can afford in your honest budget, ranging from \$504, \$405, \$306, \$207, and \$108. Remember that you are the one who gets the blessing!

Kashi Ashram, www.kashi.org, is a vibrant Interfaith community of 40 years, based on the teachings of Ma Jaya Sati Bhagavati. Dedicated to serving those society often forgets, including an internationally respected HIV/AIDS program, www.riverfund.org, the core principles Ma teaches are "There are no throwaway people" and "Feed Everyone." A living example of a 40-year intentional community, with particular recognition among the Gay and Lesbian community, Kashi Ashram has been named as a "vacation from hate." Join us for a weekend of reconnection and renewal.

Name: _____

Email: _____ Phone: _____

This is all inclusive for a two day workshop: accommodation, all meals, retreat space, tea service, the works:

- \$200.00 Dormitory Housing for two nights and meals
- \$220.00 Semi private accommodation (2 or 3 to a room) for two nights and meals
- \$240.00 Private single room for two nights and meals
- \$260.00 Semi private accommodation w/private bath (per person for two nights and meals)
- \$120.00 Commuter rate for meals and administrative costs
- \$140.00 Tent/trailer, for two nights and meals
- +
- The Way of Nature Weekend: \$504, \$405, \$306, \$207, \$108. (circle one)

_____ Total due (email or mail to: Doug Canterbury-Counts, 8445 Campbell Ave, Sebastian, FL 32958-4409. For credit card info contact me at sacredpsyc@aol.com).